



Picture by MorbidDaisies

Things to do with Peeps - or other marshmallows! *by Cassie (cynefin)*

Peeps, a traditional marshmallow treat is no longer only an Easter candy. It can also be purchased around other holidays, such as Halloween and Christmas. Some people love them, while others stand to disagree. Regardless, there's a lot to do with them, some of which might persuade some into giving them another try.

- **Put Peeps in hot chocolate.** Traditional marshmallows are used in hot chocolate all the time, and Peeps aren't really that much different. They'll add a layer of fluff to any flavor of hot chocolate you might have.
- **Cover them in chocolate.** There are chocolate covered strawberries, bananas, pretzels and sometimes even potato chips. Why not add Peeps to the mix? Some peeps are already sold with a chocolate bottom, but it could be more fun to cover your own. Use melting chocolate, or another chocolate of your choice. Follow melting instructions, and cover the Peeps any way you choose.
- **Use them to top a cake or cupcakes.** Other toppings might be harder, or more expensive to find and purchase. Use Peeps to top a cake for Easter or any other occasion for a festive treat.
- **Make a Peep kabob.** Slide some Peeps (and other candy if you choose) onto some skewers. Some Peeps are already sold this way, but making it on your own can be a fun and inexpensive way to keep your mind busy. You could give them to friends or even use them as a table topper.

NEWS

Mobile Forums & Chat: Advice at your fingertips! (12th April)

TeenHelp is pleased to announce two new ways of using the site!

Tapatalk lets you access the Forums through a mobile app that is far easier than using a browser on your phones.

Discord lets you chat to users in our new TeenHelp chat room! Read more about these by clicking on the link below.

<http://www.teenhelp.org/forums/f2-announcements/t160025-mobile-forums-chat-advice-your-fingertips/>

New article (11th April)

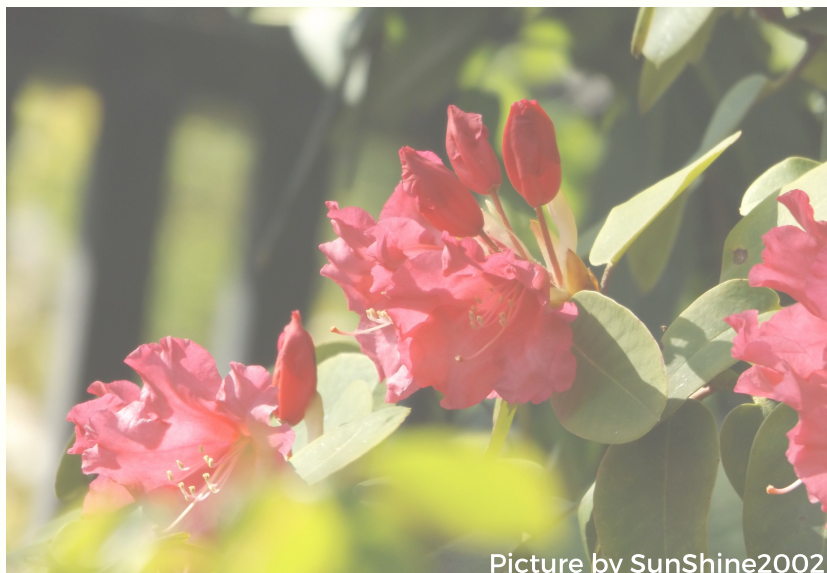
How to make bird's nest cupcakes

Do you like baking, or are you looking for something creative to do? This article discusses how to make a cake or cupcakes to look like a bird's nest. Read on, and consider trying it yourself.

<http://www.teenhelp.org/forums/f185-food-recipes/t160018-how-make-bird%92s-nest-cupcakes/>

CELEBRATING TEN YEARS

April 2020 marks the tenth year the Newsletter has been published! To celebrate, we want to feature different, important, or nostalgic threads from each year. Please send submissions for threads from 2010-2020 to Haley (Halcyon) by 24th April.



Picture by SunShine2002

How to enhance your experience on TeenHelp *by Cassie (cynefin)*

TeenHelp is an anonymous, safe place dedicated to people who need support or who just want to make some friends! Here are a few ways to utilize the site. You probably know of some of these. If you already do, that's great! If not, it can be a refresher for some or a resource for newer members.

- Post around TeenHelp's forums. The forums are a place for support, questions, and even games. Ask for advice, share a recipe, or head over to the Chit-Chat forum. Don't be nervous! We don't bite. Consider participating in TeenHelp's group activities, such as the book club, or movie watching group.
- Try using the Chat Room. If you enjoy more of an instant conversation, login to TeenHelp's Chat Room to talk. You can ask for advice, or stick to the general room. You can also lurk around if you don't feel up to having a conversation.
- Utilize the blogs. The blog section of the site is a peaceful place where you can talk about how you're feeling. If you're uncomfortable with the idea, try setting your blog to private. It can be a way to vent if you can't talk to anyone, or if you don't want to physically write what's on your mind. You can also read and support people on their blogs.
- Check out TeenHelp's articles. TeenHelp has many articles on a lot of different topics. These can help answer and questions you may have, or provide a good distraction if you need one. If you're interested in a topic you don't see, PM someone on the Publications Team or join us and write an article of your own.
- Ask for help when needed. Whether you need support during a hard time, or you have any questions about the site, ask someone for their help. Quite a few people on TeenHelp would be happy to support you with anything you need.

NEWS

New articles (26th April)

What are hypoallergenic earrings?

This informative article discusses hypoallergenic earrings as well as gives tips on how to comfortably wear them. Do your piercings ever hurt or get infected? Give this article a read!

<http://www.teenhelp.org/forums/f90-fashion-style/t160061-what-hypoallergenic-earrings/>

How to support a grieving friend

Grief is a painful process, and it's important to support people in their time of need. This article provides helpful suggestions on how to support your friend while reminding you of what to remember when you are supporting a friend.

<http://www.teenhelp.org/forums/f85-death-grieving/t160060-how-support-grieving-friend/>

Newsletter 10-year anniversary

This April is the 10th anniversary of the Newsletter. Thank you to everyone who has been a part of the team and for making this possible! Scroll down to see the timeline that we've put together.



CELEBRATING TEN YEARS

April 2020 marks the tenth year the Newsletter has been published! This timeline features some of the events that have happened on TeenHelp over the past ten years.

