



TeenHelp

S

M

T

W

T

F

S

BACK TO SCHOOL
MONTH

1

2
COLORING BOOK
DAY

3
WATERMELON
DAY

4

5
DONATE ITEMS
YOU DON'T USE

6
CREATE A VISION
BOARD

7

8
CLOSET
ORGANIZATION
TIPS

9
ORGANIZE BY
COLOR

10

11
LABEL YOUR
THINGS

12

13
CLEAN YOUR
STUDY
SPACE

14

RECYCLING
CRAYONS

15

16
FROM SCRAPS
TO TREASURE

17
EFFECTIVE WAYS
TO ORGANIZE
ROOMS

18

19
PRACTICE FILE
FOLDING

20

21
VACUUM OR
SWEEP

22
BE KIND TO
HUMANKIND
WEEK

23

24

25
BANANA SPLIT
DAY

26

27
JUST BECAUSE
DAY

28



29

30
GRIEF
AWARENESS DAY



AUGUST 2022



WWW.TEENHELP.ORG

