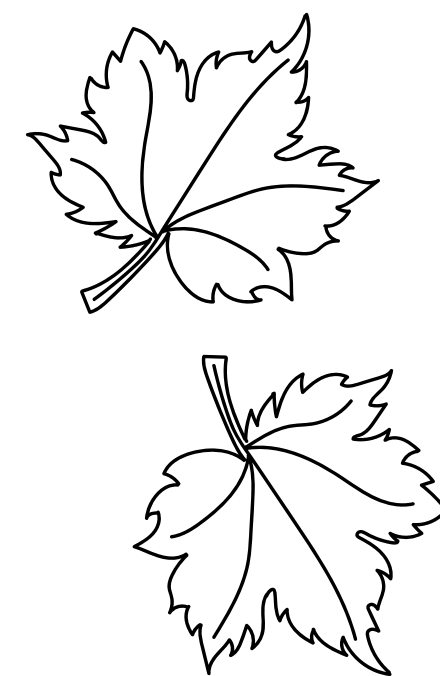


SEPTEMBER 2023



			SUICIDE PREVENTION AWARENESS MONTH	SEXUAL HEALTH MONTH	1	2
3	4 WILDLIFE DAY	5	6 READ A BOOK DAY	7	8	9 WALK AND SEE WHERE YOUR FEET TAKE YOU
10 SUICIDE PREVENTION WEEK	11 SEXUAL HEALTH WEEK	12 +	13	14 SEARCH FOR HIDDEN GEMS IN YOUR AREA ON THE INTERNET	15	16 FIND A QUIET SPOT TO RECHARGE IN NATURE
17	18 HIV/AIDS AND AGING AWARENESS DAY	19	20 LEARN ABOUT A NEW PLACE TO VISIT FROM A NEIGHBOUR	21	22 DOWNLOAD A NATURE IDENTIFICATION APP	23
24 TRY A NEW NATURE TRAIL	25	26	27 TOURISM DAY	28	29 VISIT A FAMILY RUN COFFEE SHOP	30 COFFEE DAY

