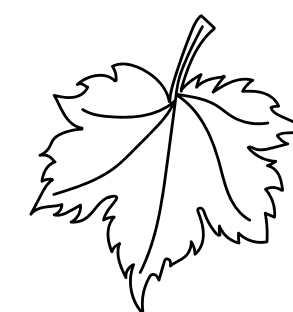
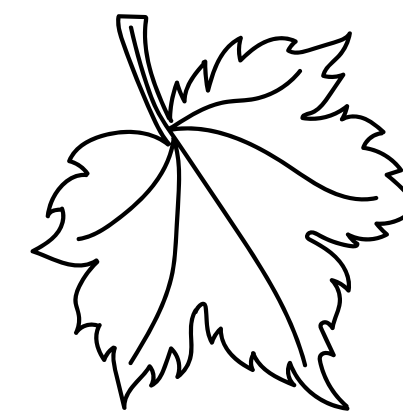
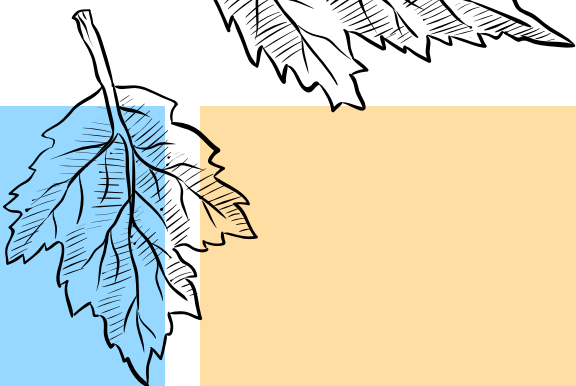
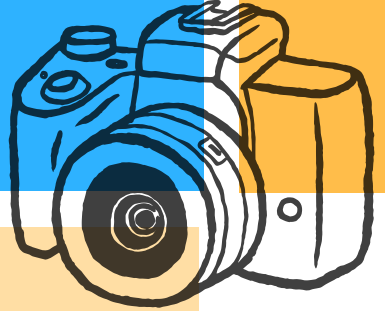
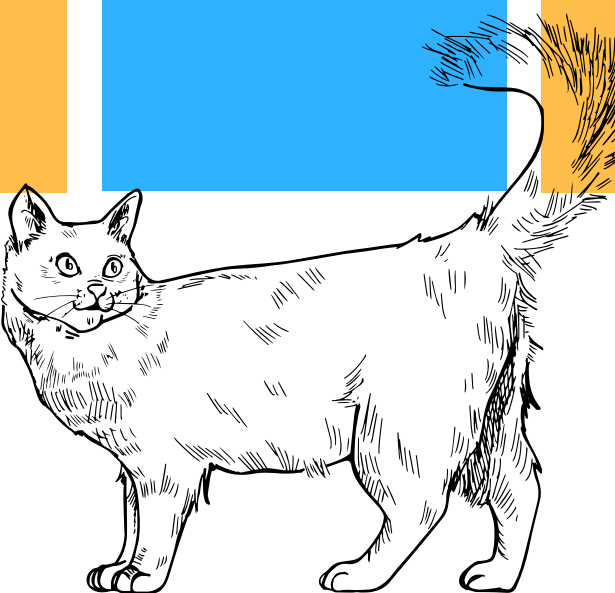




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OCTOBER 2023



					ADHD AWARENESS MONTH	1 COFFEE DAY
2 MAKE A ZEN GARDEN	3	4 WORLD ANIMAL DAY	5	6 WORLD SMILE DAY	7	8 PLAY THE PUMPKIN GAME
9	10 WORLD MENTAL HEALTH DAY	11	12 PAINT ROCKS FROM YOUR BACKYARD	13	14	15 DECORATE YOUR HOME FOR AUTUMN
16 MAKE SANDCASTLES AND SAND ART AT A BEACH	17	18	19 BUILD A TERRARIUM	20	21 COOK A MEAL USING SEASONAL FRUITS AND VEGETABLES	22
23 WHAT'S YOUR FAVOURITE HALLOWEEN CANDY?	24	25 TAKE PHOTOS OF YOUR FAVOURITE PLACES IN NATURE	26 	27	28	29 CAT DAY 
30 PLAY THE HAPPY HALLOWEEN ABC GAME	31 HALLOWEEN 					